

CAREGIVERS DON'T WANT A LECTURE OR ADVICE.

Ageism
is lazy,
lame,
unsexy &
unhealthy.

**A real superpower sees
caregiving as a shared obligation
and legislates accordingly.**

Every age matters.

We stand up for members of the military.

Let's also stand up for the 40 million+
family caregivers who protect and serve
the most vulnerable among us.

I FEEL MOST ALIVE WHEN I AM HELPING SOMEONE I LOVE.

Life extension isn't much good without a good quality of life.

Aging is a team sport.

Happiness is a smiling senior.

**CAREGIVERS ARE NOT SUPERHEROES BUT THEY
PERFORM SUPERHUMAN FEATS EVERY DAY.**

THEY ARE THE REAL MASTERS OF THE UNIVERSE.

**Stories have the power to move minds and
Caregivers have the power to heal — heal hearts.
themselves and help others by sharing their stories.**

**AN AGE-FRIENDLY COMMUNITY OR NEIGHBORHOOD IS
A GOOD PLACE TO GROW OLD.**

Aging is the journey of a lifetime.

Aging well is about
crying when you need
to, laughing when you
have to & knowing
you're powerful
even when you feel
helpless.

AGE WELL.



www.agewyz.com

Aging wisely is about
rejecting
assumptions,
asking questions,
digging for answers &
making sound
decisions.

AGEWYZ.

EVERY CAREGIVER HAS A STORY. WHAT'S YOURS?

THEY WANT AN EAR AND A HELPING HAND (AND MAYBE A GLASS OF WINE).