



15 POWERFUL LIFESTORY QUESTIONS TO ASK YOUR LOVED ONE (IN NO PARTICULAR ORDER OF IMPORTANCE)

1. If you had just one more day with a deceased loved one, who would it be and what would you do with them that day?
2. What is the most important lesson you've learned in life from a mistake you've made?
3. What are you most grateful for in your life?
4. What, or whom, are you most proud of in your life?
5. Is there anything you've never told me but want to tell me right now?
6. (If a parent) How did it feel to hold your first-born in your arms for the first time?
7. As you look back on the life you've led, do you have any regrets?
8. What advice would you give to future generations regarding dating?
9. What advice would you give to future generations regarding choosing a lifelong mate?
10. What was the happiest moment in your life? The saddest?
11. What is your earliest memory?
12. What do you forward to?
13. How would you describe a perfect day when you were young?
14. What is the most important thing in life?
15. (Always the last question I ask) Do you have any closing comments to leave for future generations?

GOT QUESTIONS?

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