



Agewyz Media Group LLC
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About Agewyz

Agewyz Media Group LLC is located in Palm Beach County, Florida, and was founded in December 2014 to raise awareness in the media about the work of caregivers and to promote healthy aging across the generations. CEO Jana Panarites believes that by sharing positive stories and having frank conversations about aging—a subject often framed in negative terms or ignored altogether—we can draw attention to the capacity of individuals to face life with vigor and shed light on the magnitude of the issues facing our rapidly aging world.

Our Mission

To provide individuals, families and facilities with media that promotes aging in a whole and healthy way while inspiring them to make every moment in life count, at every age, even under the most difficult circumstances.



Products and Services

[Life Stories for the Ages](#) is a service that gives older adults the opportunity to leave a legacy by capturing their life stories on video or through audio-only phone interviews. Our phone interviews were launched in response to Covid-19 as a safe alternative to in-person interviews since older adults are quarantining in higher numbers than younger generations. For these audio keepsakes producer Jana Panarites conducts phone interviews of up to two hours and then edits the recorded content, layering in music and sound effects to create a polished, 15-20 minute final product delivered on USB flash drive or uploaded as an mp3 file. Our virtual video interviews include extensive pre-production support, followed by guided interviews that are later combined with family photos, memorabilia and meaningful music to create professional visual narratives that celebrate the life your loved one has led and continues to lead. Please visit our [landing page](#) to learn more.

[The Agewyz Podcast](#) is a story-driven digital radio program featuring frank and lively conversations about caregiving and healthy aging. Launched in June 2015, the show's catalogue of over 150 episodes are available on multiple platforms including iTunes, Stitcher and iHeartRadio. The Agewyz Podcast has been cited by Caring.com as a recommended ["Best Podcasts for Family Caregivers."](#) It has also been recognized by listeners all over the world for its candid approach to discussing everyday issues faced by caregivers and individuals determined to age well and wisely.

The book, ["Scattered: My Year As An Accidental Caregiver"](#) captures Jana Panarites' first year of caregiving in the midst of grief and career transition. While many books about caregiving are advice-oriented, with "Scattered" the reader dives in and has the lived experience of a daughter scrambling to keep up with the demands of her own life and the needs of her elderly parent. For anyone who is caregiving now, this book will help you feel less alone and give comfort to your battered soul. For those on the verge of caregiving, the book is a cautionary tale: your life is about to be hijacked so

start preparing now. “Scattered” is available online, at bookstores, for request at libraries, on the Agewyz website or directly from the author (jana@agewyz.com). It is also available as an e-book.

About the CEO & Founder

Jana Panarites was born in Washington, DC to Greek-American parents with an infectious zest for life. Her father was an opera-loving lawyer, her mother a homemaker and freelance writer. In her childhood, family trips were frequent and often included her grandparents, which she is convinced cultivated her tendency to care about and for her elders.

Jana’s 25-plus years of experience in storytelling and media production began in LA when she joined the production team of NBC’s five-part documentary series, “The Human Animal” hosted by Phil Donahue. Additional television experience includes work on The Kennedy Center Honors (ABC); The 44th Annual Tony Awards (CBS); and The Muppets Celebrate Jim Henson (CBS). Jana’s book “Scattered: My Year As An Accidental Caregiver” has been praised for its candidness, accessibility and humor – qualities she also strives to maintain in everyday living. As host and producer of The Agewyz Podcast, she has had the privilege of conducting over 150 interviews with people from diverse cultures and age groups, from millennials to the “oldest old” (85 and up). These conversations, filled with joy and heartache, have been widely praised for their honesty and affirmation of the human experience.

These days Jana is focused on preserving the rich stories of community elders through Life Stories for the Ages, which celebrates older adults by capturing their life stories on video or through audio-only phone interviews.

Author, producer and journalist Jana Panarites is a graduate of the University of Vermont, where she earned a Bachelor of Arts degree in Communications; and the University of Southern California, where she earned a Master’s in Public Diplomacy, a joint degree from the Annenberg School of Communications & Journalism, and the School of International Relations.